

▶ MANAGING YOUR METHOTREXATE

WELCOME TO YOUR NORDIMET® SUPPORT PACK

You have been prescribed Nordimet®, a pre-filled, auto-injector pen containing methotrexate. This resource has been designed to help you to understand your treatment.

It will provide you with information needed to use your treatment at home and explains the simple steps needed to prepare, inject and then safely dispose of the pen after each injection.

This resource is not a substitute for the patient information leaflet included in each Nordimet® box. This leaflet contains important information that should be read carefully. Your dose has been tailored to your individual need so always follow the advice provided by your healthcare professional.

Reporting side effects

If you experience any side effects, speak to your healthcare professional. This includes any possible side effects not included in the patient information leaflet. Side effects can also be reported directly at www.yellowcard.mhra.gov.uk

Reporting side effects helps to provide more information on the safety of this medicine. Further information on side effects is included within the booklet "A guide to using Nordimet®"

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Your pack includes the following three booklets:



A guide to using Nordimet®



Nordimet® planner



Nordimet® travel pack

NORDIMET®

methotrexate

This may be the first time you have been prescribed methotrexate, or you may have been switched to Nordimet[®] from another type of methotrexate. Read the instructions in your pack carefully as use of the Nordimet[®] pen may differ from other treatments you have used.

My healthcare team (add in the details of your healthcare team below)

Consultant name: Telephone number:	
Nurse specialist name: Telephone number:	
Pharmacist name: Telephone number:	
Other (e.g. Physiotherapist, Occupational therapist):	
Homecare contact name: Telephone number:	
Notes:	

To access all of the information in this pack digitally, use the below quick access card/QR code

Hover smartphone camera over QR code to open dedicated support website with information on Nordimet[®] and how to use the device



For more information please visit www.nordimet.co.uk/patient or refer to the Nordimet[®] Summary of Product Characteristics at www.medicines.org.uk/emc

Provided by **NORDIC**
PHARMA

This resource has been produced by Nordic Pharma to support patients prescribed Nordimet