



# MANAGING YOUR CHILD'S METHOTREXATE:

FOR PARENTS AND CARERS OF  
YOUNG CHILDREN WITH JUVENILE  
IDIOPATHIC ARTHRITIS (JIA) WHO HAVE  
BEEN PRESCRIBED NORDIMET®

## INTRODUCING YOUR NORDIMET® SUPPORT PACK

This booklet has been produced by Nordic Pharma  
to support patients prescribed Nordimet®

March 2024  
UK-PEN-2400042



Nordimet® is colour-coded according to the dose that has been prescribed. Your treatment may look different to the picture.

# WELCOME TO YOUR NORDIMET<sup>®</sup> SUPPORT PACK

Your child has been prescribed Nordimet<sup>®</sup>, a pre-filled, auto-injector pen containing methotrexate. This guide is designed to help you and your child understand this treatment.

It will provide you with information needed to use their new pre-filled auto injector pen at home. It takes you through the simple steps needed to prepare, inject and then safely dispose of the pen after each injection.

This resource is not a substitute for the patient information leaflet included in each Nordimet<sup>®</sup> box, which contains important information that you should read carefully. Your child's dose has been tailored to their individual need so always follow the advice provided by their doctor or nurse.

## **This pack includes the following booklets:**

- A guide to taking Nordimet<sup>®</sup>
- Further support and FAQs
- Your child's Nordimet<sup>®</sup> planner
- Your child's Nordimet<sup>®</sup> travel pack
- Cartoon sketch: Helping your child understand Nordimet<sup>®</sup>

## **Reporting side effects**

If your child experiences any side effects, speak to their doctor or nurse. This includes any possible side effects not listed in the package leaflet. Side effects can also be reported directly at [yellowcard.mhra.gov.uk](https://www.yellowcard.mhra.gov.uk). By reporting side effects, you can help provide more information on the safety of this medicine. Further information on side effects is included within the booklet "A guide to using Nordimet<sup>®</sup>".

**This may be the first time your child has been prescribed methotrexate, or they may have been switched from another type. Although it contains methotrexate, there are important differences between Nordimet<sup>®</sup> and other types of methotrexate that can be prescribed.**

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